



9 a.m. **Pre-Talk & Awakenings**
 10 a.m. **Gathering**
 10 a.m. **C3 Kids** with **Miss Mary** and volunteer **Eleanor Hills**
 11 a.m. **Talk Back**

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Green Team Hosts: **Karen Cotton, Joyce & Andy Cawthon, Tom Tosa, Marian Mulette**
Green Team Ushers: **Wayne Johnson, Jane Curtis, Kathy Tosa**

Welcome Table:
Kathy Smith
Next Week: **Red Team**

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C3 Board of Trustees
Chair: **Sally Alderink**
Vice-Chair: **Teresa Colbry**
Secretary: **Valerie Engeltjes**
Treasurer: **Shannon McMaster Beth Buelow, Andy Cawthon, Kim Crozier, Tom Edwards, Kathy Humphrey, Wayne Johnson, and Rod Van Abbema**

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Next Week!
Speaker: **Greg Rappleye**
Musicians: **Annagail**
Meditation:
Rod Van Abbema
Gathering Host:
David Dean
Kids' Volunteer:
Sandy Kate Stephens



c3westmichigan.org/support

Sunday, August 6, 2023
We Have Questions: Can We Grow into Ancestors?

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Speaker: C3 Teacher **Kent Dobson** helps people orient their life to be in deeper relationship with Mystery, the shape of their own soul, and to a meaningful sense of their unique voice in the world.

Musicians: **Thrown Out Bones** is a San Francisco-based high-energy swanky rock group with 10+ years of playing together. The trio has developed a unique sound that blurs the lines between funk, jazz, classic rock, and deep, contemplative jams.

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 Music: **Thrown Out Bones**
 Gathering Host: **Valerie Engeltjes**
 Music: **Thrown Out Bones**
 Meditation: **Margaret Willey**
Moment of Silence
 Reading/Teaching: **Kent Dobson**

Make a nesting now, a place to which the birds can come, think of Kevin's prayerful palm holding the blackbird's egg and be the one, looking out from this place who warms interior forms into light. Feel the way the cliff at your back gives shelter to your outward view and then bring in from those horizons all discordant elements that seek a home.

Be taught now, among the trees and rocks, how the discarded is woven into shelter, learn the way things hidden and unspoken slowly proclaim their voice in the world. Find that far inward symmetry to all outward appearances, apprentice yourself to yourself, begin to welcome back all you sent away, be a new annunciation, make yourself a door through which to be hospitable, even to the stranger in you.

See with every turning day, how each season makes a child of you again, wants you to become a seeker after rainfall and birdsong, watch now, how it weathers you to a testing in the tried and true, admonishes you with each falling leaf, to be courageous, to be something that has come through, to be the last thing you want to see before you leave the world.

Above all, be alone with it all, a hiving off, a corner of silence amidst the noise, refuse to talk, even to yourself, and stay in this place until the current of the story is strong enough to float you out.

Ghost then, to where others in this place have come before, under the hazel, by the ruined chapel, below the cave where Coleman slept, become the source that makes the river flow, and then the sea beyond. Live in this place as you were meant to and then, surprised by your abilities, become the ancestor of it all, the quiet, robust and blessed Saint that your future happiness will always remember.

-David Whyte, *Coleman's Bed*

Music: **Thrown Out Bones**
 Gathering Host: **Valerie Engeltjes**
 Music: **Thrown Out Bones**



Thanks for Your Assistance!

Chuck Tawney appreciates the help by Rod, Jeff, Gordy, and Andy in tearing down our set-up last week. Shelby, the one and only city worker, and Chuck, were able to get the room ready for the next event by 12:30! Shelby wants you all to know how much she appreciated that help. Chuck noted that small actions by many and select individuals had a cascading (and positive) effect.

Flea Market = Success

Thank you to everyone who donated goods, worked the space, and shopped our flea market booth last Sunday. The proceeds from the event were over \$600 and we received a lot of good feedback from our customers.

Pedaling Update:

Gordy Alderink has completed the Tour de Ottawa County, **John Leitner** has committed to the Tour de Albania in September, **Ira Engeltjes** has covered the roads of Coopersville, and **Andy Cawthon** is furiously trying to catch up! Over 1000 miles have been pedaled! **Chrys Moelter-Gray** has completed eights Dips in the Big Lake. You are encouraged to sponsor any of these C3ers with a pledge! We will continue pedaling/dipping until Sunday, September 17, and report totals and dollars shortly after that.

Week 3@C3 in August

We're collecting Back-to-School items for the Muskegon Heights Public School Academy System. **Specific items from the provided list should be brought to C3 on August 6, 13 or 20.** See the *C3 Update* for a printable list, ask to see a copy at the membership table today, or consider sending a check made out to: C3-Back to School Project. Mail to Week 3 @ C3, P.O. Box 371, Grand Haven, MI 49417, and we will shop for you.

New C3 Logo T-Shirts

Find **Teresa Colbry** after the Gathering, she will be taking orders for new C3 logo t-shirts! Teresa has color mock ups and T-shirt sample sizes. The cost of the shirts is \$15, and a pre-payment by cash or check is required to order one.

Board of Trustees Election Nomination Period

The nomination period for Board of Trustee candidates is now open and runs from August 1 through October 1. Anyone interested in running for office should contact a current board member. Please encourage other potential candidates to apply.

Wanted: Great Guest Teachers

If you know of someone who would be perfect to serve as a guest teacher at our Sunday Gathering, we'd love to know about him or her! In addition to the person's name and contact information, it would be helpful if you could add items like where you heard him/her speak, if there's a YouTube or other video to see the person in action, or anything else you think is pertinent. Simply send an email to GuestTeacherNames@c3westmichigan.org with as much information as you can about the person. Thanks for your help!

Grand Haven Hispanic Heritage Fiesta

Mark **September 16, 11 a.m. to 10:30 p.m.** on your calendar as the date for this year's Hispanic Heritage Fiesta! C3 is a sponsor and on the planning team. This event honors our Hispanic community with music, dance, a Mercado (marketplace), kids' activities, food, and more. *Please contact **Rod Van Abbema** if you have a canopy that C3 could use for our booth at the Fiesta on September 16.*

Sunday Dinner Group

We're meeting again at **William Ferry Park in Ferrysburg at 5:30** today, repeating our "Bring Your Own Picnic" (or grab some take-out food on the way).

C3 Men's Club

C3 Men's Group meets from 7 to 8:30 p.m. on Tuesdays at the American Legion Hall on Harbor Drive.

Vigil for Peace and Justice

The Vigil for Peace and Justice resumes on August 12. Look for us, or better yet, join us, along Washington Avenue at Central Park.

C3 Book Club and Friends

We will meet on Tuesday, August 15, 6 p.m. at the Bookman to talk about *On Being Mortal* by Atul Gawande. All C3 members and friends are welcome! September 19: *The Sun Does Shine: How I Found Life and Freedom on Death Row*, Anthony Ray Hinton. (Possible pot luck dinner, place to be determined)

Community Care and Concern

Contact: **Cheryl Van Abbema, 616-402-3108; Mike and Charlotte Rozich, 517-918-5483 or 517-918-5464.**

Cyndi Casemier's mother, **Carolyn Casemier-Rotz**, passed away on July 23. The obituary may be read on Cyndi's Facebook page. A Celebration of Life will be held September 2, 4 to 7 p.m. at Klaasen's Funeral Home. Cards may be sent to Cyndi at 13489 Redbird Lane, Grand Haven, MI 49417.

Carolyn DeVries is back at home!

We have missed seeing **Jerry & Barbara VanLeeuwen** for the past two months. In May, Barb was diagnosed with a rare oral cancer. On June 16, she had oral reconstructive surgery at U of M Hospital, to be followed by radiation and chemotherapy. As Barb shared, "This is not a picnic." You may send a note to Barb-via text or email at barbara_vanleeuwen@comcast.net -or at home 2669 Weatherby Hills Dr SE, Grand Rapids 49546.