



9 a.m. **Pre-Talk & Awakenings**  
 10 a.m. **Gathering**  
 10 a.m. **C3 Kids** with **Miss Mary** and volunteer **Sally Alderink**  
 11 a.m. **Talk Back**

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**White Team Hosts: Patti Baldus, Kathy Humphrey, Deb Schubert, Chrys Moelter-Gray**

**White Team Ushers: Cindy Krause-Leitner & John Leitner**

**Welcome Table:**

**Sarah Jacobs**

**Next Week: Blue Team**

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**C3 Board of Trustees**

**Chair: Sally Alderink**

**Vice-Chair: Teresa Colbry**

**Secretary: Valerie Engeltjes**

**Treasurer: Shannon McMaster**

**Trustees: Beth Buelow, Andy Cawthon, Kim Crozier, Tom Edwards, Kathy Humphrey, Wayne Johnson, and Rod Van Abbema**

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**Next Week!**

**Speaker: Ruth Zwald**

**Musician: Hannah Laine**

**Meditation:**

**Bob Kleinheksel**

**Gathering Host:**

**Sandy Kate Stephens**

**Kids' Volunteer:**

**Char Kole**

**Sunday, August 20, 2023**

**Letting Go: The Autumnal Invitation of the Creative Cycle, Part 1**

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**Speaker: Brie Stoner** is a Spanish-born writer, musician, and songwriter who now lives in Grand Rapids. Her writing has been featured in *The Call To Unite: Voices of Hope and Awakening*, a book featuring inspirational voices such as Oprah, Tim Shriver, and Elizabeth Gilbert. Brie launched her podcast *Unknowing* in 2021, exploring the spiritual path of creative possibilities with various authors, activists and artists.

**Musicians: Genna & Jesse** draw inspiration from their romantic nomadic lifestyle, and might best be described as modern troubadours, generously offering listeners glimpses of their always-moving world with something fresh, true and genuinely independent. Their music features quirky chemistry, intricate vocal harmonies and ardent storytelling.

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**Music: Genna & Jesse**  
**Gathering Host: Nelleke Knarr**  
**Music: Genna & Jesse**  
**Meditation: Leslie Newman**  
**Moment of Silence**  
**Reading/Teaching: Brie Stoner**

“Heart break is unpreventable; the natural outcome of caring for people and things over which we have no control, of holding in our affections those who inevitably move beyond our line of sight.”  
 -David Whyte

“Look, the trees are turning their own bodies into pillars of light, are giving off the rich fragrance of cinnamon and fulfillment, the long tapers of cattails are bursting and floating away over the blue shoulders of the ponds, and every pond no matter what its name is, is nameless now.  
 Every year everything I have ever learned in my lifetime leads back to this: the fires and the black river of loss whose other side is salvation, whose meaning none of us will ever know.  
 To live in this world you must be able to do three things: to love what is mortal; to hold it against your bones knowing your own life depends on it; and, when the time comes to let it go, to let it go.”  
 - Mary Oliver, *In Blackwater Woods*

**Music: Genna & Jesse**  
**Gathering Host: Nelleke Knarr**  
**Music: Genna & Jesse**





### **New C3 Logo T-Shirts**

Find **Teresa Colbry** after the Gathering, she will be taking orders for new C3 logo t-shirts! Teresa has color mock ups and T-shirt sample sizes. The cost of the shirts is \$15, and a pre-payment by cash or check is required to order one. If you are planning to wear the new t-shirt for the Heritage Fiesta you will need to order your t-shirt ASAP.

### **Board of Trustees Election Nomination Period**

The nomination period for Board of Trustee candidates is now open and runs through October 1. Anyone interested in running for office should contact a current board member. Please encourage other potential candidates to apply.

### **Claude's Farewell**

The Board of Trustees and the C3 Kids Committee would like to acknowledge Claude McMasters' graduation and express our appreciation of his contributions for our Sunday Gatherings. Claude will attend Grand Valley in the fall. If you have not already made a contribution to Claude's graduation, and would like to do so at C3, look for a decorated box with Claude's name on it at the sound table. The box will be there for the next two weeks! Good luck, Claude!

### **Last Day for Week 3@C3 in August**

Today is the last day we're collecting Back-to-School items based for the Muskegon Heights Public School Academy system. List: **Copy paper** - 8 1/2" x 11" white; **Sanitizer wipes** - Clorox brand suggested; **Kleenex** or other similar brand tissues; multiple boxes; Standard, spiral-bound notebooks - wide ruled (important!); Pocket folders; colorful; Pencils - #2 Ticonderoga brand (specifically for testing); Pink Pearl erasers; Crayola wax crayons: 24-ct boxes; individual boxes or packs of six or more; Colored pencils - for students (not adult type); Scotch tape - replacement rolls for dispensers or regular filled plastic dispensers; Lysol scented sprays. Please note specifics, as other item types may not be useful in the classroom. Or consider leaving a check made out to "C3 Spiritual Community" with "Back to School Project " in the memo at the Week3@C3 table and we will shop for you.

### **C3 Summer Fundraiser**

**Gordy Alderink, John Leitner, Ira Engeltjes,** and **Andy Cawthon** keep on pedaling, while **Chrys Moelter-Gray** has added a few more swims in Lake Michigan, all to raise funds for C3. You are encouraged to sponsor any of these C3ers with a pledge! They will continue pedaling and dipping until Sunday, September 17, and will report totals and dollars shortly after that.

### **Grand Haven Hispanic Heritage Fiesta**

Mark **September 16, 11 a.m. to 10:30 p.m.** on your calendar as the date for this year's Hispanic Heritage Fiesta! C3 is a sponsor and on the planning team. This event honors our Hispanic community with music, dance, a Mercado (marketplace), kids' activities, food, and more. *Please contact **Rod Van Abbema** if you have a canopy that C3 could use for our booth at the Fiesta on September 16.*

### **Fall Adopt-A-Highway Date**

Another important date to set aside is the morning of September 30. Our fall Adopt-A-Highway cleanup has been scheduled for that Saturday. (Rain date is Sunday, October 1, after the Gathering).

### **Sign Up for Sunday Dinner Group**

We will meet at 5:30 p.m. today at **Don Luis Mexican Bar and Grill** (442 Beacon Blvd.) in Grand Haven. Please be sure to sign up at the Membership Table before you leave today, so we can make an accurate reservation.

### **C3 Men's Club**

C3 Men's Group meets from 7 to 8:30 p.m. on Tuesdays at the American Legion Hall on Harbor Drive.

### **C3 Book Club and Friends**

We'll see you this Tuesday, August 15, at The Bookman to discuss *On Being Mortal* by Atul Gawande. September 19: *The Sun Does Shine: How I Found Life and Freedom on Death Row*, Anthony Ray Hinton.

### **Vigil for Peace and Justice**

The Vigil for Peace and Justice continues every Saturday from noon to 1 p.m., along Washington Avenue at Central Park.

### **Community Care and Concern**

Contact: **Cheryl Van Abbema, 616-402-3108; Mike and Charlotte Rozich, 517-918-5483 or 517-918-5464.**

Congratulations to **Sally Hipp**, who married **Nick Cavarocchi** on August 12. They will continue to spend summers in Grand Haven. No name changes!

**Hank & Karen Nash** have moved to Washington state, north of Seattle, to live closer to family. They have asked to share their new contact information with C3 friends.

Phone: Karen 616-215-6427; Hank 616-215-6426. Address: 15932 Village Green Drive, Unit D, Mill Creek, WA 98012.