



9 a.m. **Pre-Talk & Awakenings**
10 a.m. **Gathering**
10 a.m. **C3 Kids** with **Miss Mary** and volunteer **Patti Baldus**
11:00 a.m. **Talk Back**
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Red Team Hosts:
Skip & Mary Ackerson, Kathy Smith, Yvonne Olmsted, Char Zoet
Red Team Ushers:
Tom Webber, Joyce & Andy Cawthon
Welcome Table:
Jeff Crandle
Next Week: White Team
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C3 Board of Trustees:
Chair: **Teresa Colbry**
Vice Chair: **Tod Wyn**
Treasurer: **Andy Cawthon**
Secretary: **Beth Buelow**
Trustees:
Tabitha Blanski, Karen Cotton, Kim Crozier, Cheri Eshenaur, Kathy Humphrey, Wayne Johnson, Rod Van Abbema
.....
Shannon McMaster, *Executive Director*
smcmaster@c3westmichigan.org
.....
Next Week!
Speaker: **Tanya Cabala**
Musician:
Michelle Held
Meditation: **Rod Van Abbema**
Gathering Host:
Chrys Moelter-Gray
Kids' Volunteer:
Sally Alderink

Sunday, April 14, 2024
We Have Questions: What Is Essential?

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Teacher: **Allison Paradise** has spent her career challenging people to see their relationship to themselves, each other, and the planet in a new way. She is the founder and CEO of The Epicenter and the founder and former CEO of My Green Lab. Allison holds degrees in neuroscience from Brown and Harvard.

Musicians: **Molly** is an award-winning singer-songwriter from Grand Rapids. She writes to explore what it means to be a Black woman in America. Her unique past and desire for a sense of freedom inform both her emotive style and her thought-provoking lyrics, making for a moody, eclectic, colorful, and soulful sound.

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Music: **Molly**
Gathering Host: **Mark Smith**
Music: **Molly**
Meditation: **Charlotte Rozich**
Moment of Silence
Reading/Teaching: **Allison Paradise**

“One sees clearly only with the heart.
Anything essential is invisible to the eyes.”
-Antoine de Saint-Exupéry, *The Little Prince*

.....
Music: **Molly**
Gathering Host: **Mark Smith**
Music: **Molly**





Don't Miss the Talk Back Takeover

Join us on **Sunday, April 28**, for a Talk Back Takeover, when Executive Director Shannon McMaster will lead us through a visioning exercise to kick off our community Strategic Planning process! Look for additional information in the coming weeks.

Week3@C3 for April

Our project will be to help Grand Haven's American Legion collect snacks and other items, which they will mail in individual care packages to our troops overseas. They are collecting many different food and non-food items, like chips, candy, meal cups, shampoo, etc. Check out the full list at the Week 3 table! Items will be collected **today and April 21**.

Next Saturday! Earth Day Lakeshore Celebration

Make plans to attend the Earth Day Lakeshore Celebration next **Saturday, April 20!** Join the Green March at 12:30 p.m. from the Courthouse parking lot through Grand Haven to Central Park Place. C3 will have both a Kids' activity and a C3 Outreach table, focusing on our value of Care for the Earth. The celebration features booths and activities for all ages, food, music, and horse-drawn carriage rides!

Vigil for Peace and Justice

Eight "regulars" stood for peace last Saturday: Patti Baldus, Chrys Moelter-Gray, Leslie Newman, Betty Porter, Tom Sobel, Rod and Cheryl Van Abbema, and Ellie Williams. You are invited to join from noon to 1 p.m. along Washington Avenue at Central Park in Grand Haven. Bring a chair if you would rather sit! If you can't stay for an hour, stay for as long as you can.

Adopt-A-Highway: Saturday, April 27, 10 a.m. to noon

We still need volunteer help for our spring Adopt-A-Highway cleanup. Sign up today at the Outreach table. After today, please sign up via email (awassmann@wassmannndesign.com, include name and phone number). Thank you!

Springtime Dine with Nine

Let's try for a spring theme for the next Dine with Nine on **Saturday, May 11**, at 6:00 p.m. Sign up any Sunday between now and April 21 at the Membership Table. This event connects adults regardless of age or relationship status, bringing together widows, singles, couples, partners, and divorcees at the host's home to share food, fun, and conversation. Coordinators of the event are Joyce Cawthon, Kathy Smith, and Mary Ackerson. Contact: Joyce (joycevcawthon@gmail.com / 616-502-3133) with questions.

Your Feedback on the Gathering-Please!

Please share your feedback on our guest teacher today, as well as on the musician(s) and the overall Gathering experience, either by filling out the feedback form located at the back of the room or scanning the QR code below to complete the form online.



C3 Sunday Experience

Sunday Dinner Group

We're back at Ted's this evening at 5:30. If you can join us, sign up at the Membership table before leaving today.

C3 Book Club and Friends

We meet this Tuesday, **April 16**, 6 p.m. at The Bookman to discuss *The Last Green Valley* by Mark Sullivan. **May 20:** Demon Copperhead by Barbara Kingsolver.

C3 Men's Club

The C3 Men's Group meets each Tuesday, 7 to 8:30 p.m., at St. John's Episcopal Church in Grand Haven, Room B. Contact Phil Koster at 616-402-1751 for more information.

Women's Journey

Our next meeting is on Earth Day, Monday, **April 22** at 6:30 pm at The Bookman (bring a small plant). In May, we meet on Monday, **May 20**.

Community Care and Concern

Contact: **Cheryl Van Abbema, 616-402-3108; Mike and Charlotte Rozich, 517-918-5483 or 517-918-5464.**

Longtime C3 member **Justin Cleveland** died on March 30, at the age of 99, just 12 days shy of his 100th birthday. After serving in the Army, he settled in Muskegon in 1953, and began his career in Internal Medicine, which he practiced for 44 years. He was a strong advocate for education, universal health care, and common-sense gun control. He also enjoyed traveling, and did so to approximately 27 countries. The Celebration of Life will be on May 11 at 12 p.m. at the Lake House (730 Terrace Point Dr, Muskegon, MI). Cards can be sent to Kathleen at 1634 Sunset Drive, North Muskegon, MI 49445.