



Sunday, May 19, 2024

The Land Between: Navigating Life's Difficult Transitions

9 a.m. **Pre-Talk & Awakenings**
10 a.m. **Gathering**
10 a.m. **C3 Kids** with
Miss Mary and volunteer
Patti Baldus
11:00 a.m. **Talk Back**

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Red Team Hosts: **Sarah Jacobs, Yvonne Olmsted, Char Zoet, Chrys Moelter-Gray, Kathy Smith**
Red Team Ushers: **Tom Webber, Joyce & Andy Cawthon**
Welcome Table: **Jeff Crandle**
Next Week: **White Team**

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C3 Board of Trustees:
Chair: **Teresa Colbry**
Vice Chair: **Tod Wyn**
Treasurer: **Andy Cawthon**
Secretary: **Beth Buelow**
Trustees:
Tabitha Blanski, Karen Cotton, Kim Crozier, Cheri Eshenaur, Kathy Humphrey, Wayne Johnson, Rod Van Abbema

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Brad Ruggles,
Lead Teacher
brad@c3westmichigan.org

Shannon McMaster,
Executive Director
smcmaster@c3westmichigan.org

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Next Week!
Teacher: **Brad Ruggles**
Musicians: **Annagail**
Meditation: **Wayne Johnson**
Gathering Host:
Valerie Engeltjes
Kids' Volunteer:
Charity McMaster



c3westmichigan.org/support

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Lead Teacher: **Brad Ruggles** has just been selected as C3's new Lead Teacher. He is a former pastor that deconstructed and later left the faith he was raised in after 18 years in ministry. He and his wife Lisa enjoy adventuring and traveling with their two adult daughters. His interests are diverse and include backpacking, meditation, breath work, yoga, sport kiting, and photography.

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Musician: **Hannah Laine**, vocalist and musician from Grand Rapids, is perhaps best known for her work with Future-Soul band Earth Radio. She began singing and songwriting at a very young age. Skilled in piano, vocal improvisation, beat-making, layering effects, and looping, her abilities to create a soundscape or groovy pop are limitless.

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Music: **Hannah Laine**
Gathering Host: **Mark Smith**
Music: **Hannah Laine**
Meditation: **Leslie Newman**
Moment of Silence
Reading/Teaching: **Brad Ruggles**

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Liminal space is a unique spiritual position where human beings hate to be ... It is when you have left the "tried and true" but have not yet been able to replace it with anything else. It is when you are in between your old comfort zone and any possible new answer. You will want to run. ...Anything to flee from this terrible "cloud of unknowing."
– Richard Rohr

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Into this liminal realm, between the known and the unknown, we are invited to enter if we are to learn more of the way forward in our lives as individuals, as communities, and nations. This is why, in so much Celtic storytelling and legends, lovers meet and worlds conjoin in the twilight. It is the coming together of masculine and the feminine. This is also why, in so much Eastern spiritual practice [as well as many in monastic communities], the early hours of dawn are viewed as the time of meditation, when night and day are commingling in ways that more readily allow us to move from the known to the unknown and from the nameable to the ineffable.
– John Philip Newell

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I have learned things in the dark that I could never have learned in the light, things that have saved my life over and over again, so that there is really only one logical conclusion. I need darkness as much as I need light.
– Barbara Brown Taylor

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Music: **Hannah Laine**
Gathering Host: **Mark Smith**
Music: **Hannah Laine**



Brad Ruggles is Our New Lead Teacher

We extend a warm welcome to Brad Ruggles as he steps into his new role as Lead Teacher. Brad is joining us immediately, jumping in with both feet! An Introduction and Welcome will take place soon.

Many thanks to the Hiring Team for their diligent efforts over the past several months: **Dick Kamischke** (lead), **Marianne Fischer**, **Charity McMaster**, **Teresa Colbry**, **Valerie Engeltjes**, **Cathy Feyt**, **Jeff Crandle**, **Gordy Alderink**, **Rod Van Abbema**, **Judy Blinn**, **Kim Crozier**, **David Dean**, and **Nelleke Knarr**.

Week 3@C3 - May 2024: Goal Forty!

Today is the last day that we are collecting elementary school backpacks with pencil cases and markers for the children participating in the Summer Reading Series at the Muskegon Heights Public Library. We're hoping to present 40 backpacks.

C3 Pride T-Shirts!

We are excited to offer C3 Rainbow Pride shirts! They are black with the C3 logo in rainbow colors! In order to receive the shirts in time for GH Pride, you'll need to place your order by **midnight** tomorrow (Monday)! Shirts will be available for pickup at the festival or the following Sunday. Use the QR code below to see the options and place your order.



C3 Pride Tees

Donations of Stocks and Bonds

C3 will gratefully accept donations of stocks and bonds. We are researching the most cost-effective brokerage account for C3 to utilize. If you're considering such a donation, please contact Andy Cawthon, treasurer@c3westmichigan.org, to begin the process. We thank you for your continued support!

Sunday Dinner Group

Let's meet at Ted's at 5:30 this evening! Sign up at the Membership table before leaving today. We can talk about options for next week and possibly trying Dr. Rolf's in Spring Lake (they don't take reservations).

C3 Men's Club

The C3 Men's Group meets each Tuesday, 7 to 8:30 p.m., at St. John's Episcopal Church in Grand Haven, Room B. Contact Phil Koster at 616-402-1751 for more information.

Vigil for Peace and Justice

The presence of this small but stalwart group seems to be expected by many who drive by and honk or wave, and also welcomed by those surprised to see the group holding signs urging peace. We stand along Washington Avenue at Central Park from noon to 1 p.m. each Saturday. Join us!

Women's Journey

We meet tomorrow evening (Monday, May 20), 6:30 p.m. at The Bookman. Joyce Cawthon will lead an activity with intentional words. Choose a word that inspires you. New faces are always welcome!

C3 Book Club and Friends

Plan to meet this Tuesday, May 21, 6 p.m. at The Bookman to discuss *Demon Copperhead* by Barbara Kingsolver. The book for June 18 is *Sisters Under the Rising Sun: A Novel* by Heather Morris.

Honor and Memorial Giving

A donation was made in honor of Margaret Willey in appreciation of her kindness to Reed Smith, **Mark** and **Kathy Smith's** grandson.

Community Care and Concern

Contact: **Cheryl Van Abbema**, 616-402-3108; **Mike** and **Charlotte Rozich**, 517-918-5483 or 517-918-5464.

Cindy Anderson had knee replacement surgery on May 2, and is now at home on track for good healing. Cards may be sent to 15016 Stickney Ridge Road, Grand Haven, MI 49416.

Tom Tosa passed along reports from **Kathy** that their son Michael has been moved from the ICU to another room in the same hospital where he has started physical therapy. He can sit up at the side of the bed and lift and hold his legs up. He has a wheelchair that enables him to get around a bit. He will be moving to another hospital which specializes in physical therapy soon.

Feedback, Please

Please share your feedback on our Gathering experience this Sunday. Use this QR code to share feedback about the teacher and the musician(s). There will also be forms located at the back of the Gathering room, and boxes in which you can put your feedback. You can be anonymous or sign your name. Thanks for your help!



C3 Sunday Experience