



Sunday, September 15, 2024

What the World Needs Now: REFUGE

9 a.m. Pre-Talk
10 a.m. Gathering
10 a.m. C3 Kids with Miss Mary and volunteer Ryan Cotton
11:00 a.m. Talk Back

Blue Team Hosts: Tom Edwards & Annie Wassmann, Mark & Kathy Smith, Cheryl Van Abbema
Blue Team Ushers: Beth Buelow, Kim Crozier, Karen Frederiksen, Phil Leech
Welcome Table: Dick Kamischke
Next Week: Gold Team

C3 Board of Trustees:
Chair: Teresa Colbry
Vice Chair: Tod Wyn
Treasurer: Andy Cawthon
Secretary: Beth Buelow
Trustees: Tabitha Blanski, Karen Cotton, Kim Crozier, Cheri Eshenaur, Kathy Humphrey, Wayne Johnson, Rod Van Abbema

Brad Ruggles, Lead Teacher
brad@c3westmichigan.org

Shannon McMaster, Executive Director
smcmaster@c3westmichigan.org

Next Week!
Teacher: Brad Ruggles
Musician: Michelle Held
Meditation: Beth Buelow
Gathering Host: Tod Wyn
Kids' Volunteer: Charity McMaster



c3westmichigan.org/support

Lead Teacher: Brad Ruggles joined C3 as Lead Teacher in May of this year. He is a former pastor that deconstructed and later left the faith he was raised in after 18 years in ministry. He and his wife Lisa enjoy adventuring and traveling with their two adult daughters. Brad's interests are diverse and include backpacking, meditation, breathwork, yoga, sport kiting, and photography.

Musicians: Foliass Duo, comprising flutist Carmen Maret and guitarist Andrew Bergeron, has cultivated a unique and enduring performer-composer collaboration spanning two decades. Their exceptional artistry breathes fresh vitality into classical music, infusing it with the rich tapestry of jazz, world music, and improvisation, crafting meticulously curated and evocative compositions.

Music: Foliass Duo

Gathering Host: Chrysteen Moelter-Gray

Music: Foliass Duo

Meditation: Charlotte Rozich

Moment of Silence

Readings/Teaching: Brad Ruggles

The ache for home lives in all of us, the safe place where we can go as we are and not be questioned.
— Maya Angelou

My coming to faith did not start with a leap but rather a series of staggers from what seemed like one safe place to another. Like lily pads, round and green, these places summoned and then held me up while I grew. Each prepared me for the next leaf on which I would land, and in this way I moved across the swamp of doubt and fear.
— Anne Lamott

How lover and beloved touch is familiar and courteous, but there is a strange impulse in that to create a form that will dissolve all other shapes. Remember, the entrance door to the sanctuary is inside you.
— Rumi

Music: Foliass Duo

Gathering Host: Chrysteen Moelter-Gray

Music: Foliass Duo



Call for Counters

Lana Brock has let us know the Sunday Counting Team needs at least two more new people willing to help with the donation counting and deposit preparation. The obligation would be for one Sunday a month (or less often, if we get more people). People interested should email Lana (brockl@gvsu.edu), or approach her or Shannon McMaster on a Sunday.

Week 3@C3: Food for Gaza

Today is the last day to donate by check, cash, or credit card to help provide food packets to refugees sheltering in camps in Gaza. Gifts will be funneled through MCC (Mennonite Central Committee) in Goshen, IN. Make checks out to C3, with "Food for Gaza" in the memo line and drop in a donation box or mail asap to C3, PO Box 371, Grand Haven, MI 49417. Cash labeled "Food for Gaza" goes in the donation boxes. See Chase for credit card donations.

Can You Take One Small Step?

C3 is encouraging people to participate in *One Small Step*, an initiative by WGVU and StoryCorps, by signing up to take part in a facilitated conversation with someone new, with different political beliefs from yours, and get to know each other as people. Learn more and sign up at the WGVU website: www.wgvu.org/onesmallstep/

Nominations for BOT

The Board of Trustees election will happen at the Annual Meeting on November 3. There are three openings on the board for 2025-26. Two current board members will be seeking re-election, leaving one open seat. Nominations are open through October 1. If you would like to nominate someone, or have any questions, please see Trustee Wayne Johnson or Executive Director Shannon McMaster.

Your Participation is Vital

On September 21, the Hispanic Heritage Fiesta takes place. Sign up with Patti to staff the C3 table and/or bake cookies to sell. Sign up online to volunteer for the Fiesta event itself: <https://www.tcpuentes.org/fiesta/volunteers>.

Humanity for Prisoners' fall fundraiser *Voices of Humanity* is scheduled for September 26. A powerful new film, *Wronged: The Maurice Carter Story* will be premiered. Search "Humanity for Prisoners" online for ticket information.

Adopt-A-Highway: Saturday, September 27, 10 a.m. to noon

Lots of volunteers are needed for our fall Adopt-A-Highway cleanup. Sign up anytime via email (awassmann@wassmannndesign.com, include name and phone number please), or at the Outreach table.

Sunday Dinner Group at the Park

We'll try for one more time at William Ferry Park in Ferrysburg at 5:30 p.m. This ad hoc group needs someone to spearhead the scheduling as we return indoors.

Dine with Nine in October

The next Dine with Nine (or seven or eight) is planned for October 19. Sign up any Sunday in September. The theme is *Fall Harvest Time*. Several hosts will open their homes for the event.

C3 Book Club and Friends

We meet at 6:30 p.m. this Tuesday, September 17, at The Bookman to discuss *Bicycling with Butterflies* by Sarah Dykman.

C3 Men's Club

This men's conversation group meets each Tuesday from 7 to 8:30 p.m. in Room B at St. John's Episcopal Church. Call Phil Koster, 616-492-1751 with questions.

Vigil for Peace and Justice

Join us Saturdays from noon to 1 p.m. along Washington Avenue at Central Park.

Women's Journey

Our next meeting will be September 23 at 6:30 pm at The Bookman. If you would like to make or renew connections with the some of the women of C3, please join us for relaxed social time at one of our monthly meetings.

Community Care and Concern

Contact: **Cheryl Van Abbema, 616-402-3108; Mike and Charlotte Rozich, 517-918-5483** or **517-918-5464**.

Nelleke Knarr's mother suffered a ruptured aneurysm and she is now at an in-patient hospice facility surrounded by family member. Please hold Nelleke, her mom, and her family in your thoughts. Cards may be sent to 747 Fuller Avenue SE, Grand Rapids, MI 49506.

Joan Sutton died peacefully at home on the morning of August 26.

Arrangements are pending. Cards can be sent to 13892 148th Avenue, Grand Haven, MI 49417.

Info for C3 Matters or C3 Update

Please send any announcement for the C3 Update and/or C3 Matters to Chrys (cgmgray@mac.com) & Becky (frontdesk@c3westmichigan.org) by Tuesday of the week you would like it included.