



9 a.m. **Meet and Greet**
 10 a.m. **Gathering**
 10 a.m. **C3 Kids** with
Miss Mary and volunteer
Charity McMaster
 11:00 a.m. **Annual Meeting**
and Potluck

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Green Team Hosts:
Joyce & Andy Cawthon,
Karen Cotton, Marian Mulette,
Sandy Kate & Chuck Stephens,
Tom Tosa
Green Team Ushers:
Wayne Johnson, Jane Curtis,
Kathy Tosa
Welcome Table: **Jeff Crandle**
Next Week: **Red Team**

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C3 Board of Trustees:
Chair: **Teresa Colbry**
Vice Chair: **Tod Wyn**
Treasurer: **Andy Cawthon**
Secretary: **Beth Buelow**
Trustees:
Tabitha Blanski
Karen Cotton
Kim Crozier
Cheri Eshenaur
Kathy Humphrey
Wayne Johnson
Rod Van Abbema

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Brad Ruggles,
Lead Teacher
brad@c3westmichigan.org

Shannon McMaster,
Executive Director
smcmaster@c3westmichigan.org

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Next Week –
Teacher: **Brad Ruggles**
Music: **Jen Sygit**
Meditation: **Wayne Johnson**
Gathering Host: **Nelleke Knarr**
Kids' Volunteer: **Eleanor Hills**



c3westmichigan.org/support

Sunday, November 3, 2024

C3 Community Celebration

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Lead Teacher: **Brad Ruggles** joined C3 as Lead Teacher in May of this year. He is a former pastor that deconstructed and later left the faith he was raised in after 18 years in ministry. He and his wife Lisa enjoy adventuring and traveling with their two adult daughters. Brad 's interests are diverse and include backpacking, meditation, breathwork, yoga, sport kiting, and photography.

Musicians: **Grace Theisen** is a queer Americana artist originally from Kalamazoo. She graduated from Hope College in 2014 with a double major in Gender Studies and Psychology, then moved to Nashville from 2015 to 2018 to run her nonprofit, Songs Against Slavery. In 2019, she returned to Kalamazoo and has been influential in the Michigan music scene. Accompanying Grace will be Carolyn Koebel, music therapist and world percussionist.

Music: **Grace Theisen and Carolyn Koebel**
 Gathering Host: **Bob Kleinheksel**
 Music: **Grace Theisen and Carolyn Koebel**
 Meditation: **Bob Kleinheksel**
 Moment of Silence
 Readings/Teaching: **Brad Ruggles**

Our mission is to inspire and empower people on their own spiritual path, the quest to live a good life and meaningful life, and to help support the ongoing work of justice and compassion in the world. Rather than doctrine or dogma, we gather around shared values, which both inform who we are, and what we aspire to be. These values guide us, and challenge us to define and live a good life:

Common Humanity. We respect the dignity and worth of every individual.

Diversity. We affirm all people and embrace all genders, sexual orientations, and ethnicities.

Open Inquiry. We pursue the free exchange of ideas, explore the lessons of science, philosophy, and the creative arts, and undertake independent spiritual journeys.

Compassionate Action. We strive to safeguard and extend human rights, peace, and social justice, locally and globally, as individuals and jointly with others.

Environmental Sustainability. We care for our Earth home with mindfulness and responsibility for ourselves and for future generations.

Well-Being. We promote wholeness and wellness of mind, body, and spirit, recognizing our self responsibility, inter-relatedness, and interdependence.

Music: **Grace Theisen and Carolyn Koebel**
 Gathering Host: **Bob Kleinheksel**
 Music: **Grace Theisen and Carolyn Koebel**



Today We Celebrate!

Today is our annual community celebration and business meeting. It's a time for us to look back and reflect on where we've come from. C3 has a long and rich history. Our community began as First Reformed Church of Spring Lake on March 23, 1870. Since then, we've gone through several name changes, various buildings and meeting locations, many pastors and teachers, and 154 years later, we're still here! However, this Sunday is about more than just looking back on where we've been. It's a time for us to affirm our values as a community and look ahead to what's next. We are so grateful for the community that has evolved into what it is today and we're excited for our shared future together!

Talk Back will be replaced with the Annual Meeting, where we will approve a budget and elect trustees to the Board of Trustees. The candidates are Teresa Colbry and Kim Crozier (both currently serving) and Bill Haug. The recipient of the Phil Koster Award for Meritorious Service will be announced, and a potluck follows the meeting. What a great morning we will have!

Gratitude for so Many Volunteers at the Sacred Earth Sacred Soul Retreat

*We're so grateful for everyone that helped make last weekend so incredible, especially: **Don & Cindy Anderson, Becky Park, Karen Cotton, Teresa Colbry, Tom Edwards, Annie Wassman, Kathy Humphrey, Beth Buelow, Kerry Fitzgerald and The Bookman.** Thank you to those above and everyone who poured so much time into this event. I am so humbled and honored to be a part of this amazing community! – **Brad Ruggles, Lead Teacher***

Week 3@C3 for November

We will collect for the Nestlings Diaper Bank of West Michigan in Holland, which is a diaper distribution center for many West Michigan agencies, not a location where individuals can come to get a supply of diapers. They accept both cash donations, which they use to buy diapers from the National Diaper Bank Network at reduced cost, and diapers for infants, toddlers, and adults. Nestlings has requested C3 to donate diapers for older babies, sizes 4, 5, and 6. They also accept wipes. Packages may be open or closed, as diapers are repacked into large lots. Collection days are November 3, 10, and 17. Contribute in kind or by cash (in an envelope labeled Nestlings Diaper Bank), check to C3 with Nestlings Diaper Bank on the memo line, or see Chase to donate by credit card designated for Nestlings.

Need a name tag?

New members or members who have lost a name tag may contact Jeff Crandle at 616-638-5266 (text preferred) or crandlejeff@gmail.com. Please be aware that each name tag costs C3 \$10, so consider adding that to your contributions.

Values in Action

We offer a wide range of opportunities for you to make a difference and get involved. Check out the Outreach or Welcome Table before or after the Gathering.

Sunday Dinner Group

Sign up at the Welcome table to go to Ted's at 5:30 p.m.

C3 Men's Club

This men's conversation group meets each Tuesday from 7 to 8:30 p.m. in Room B at St. John's Episcopal Church. Call Phil Koster, 616-492-1751 with questions.

Vigil for Peace and Justice

The Saturdays in November can be blustery, but we will stand to remind people that conflict is not healthy for the planet and its inhabitants. Come dressed for the weather, from noon to 1 p.m. along Washington Avenue at Central Park in Grand Haven.

C3 Book Club and Friends

C3 and Friends Book Club will meet at 6 p.m. on Tuesday, November 19, at The Bookman to discuss *My Beloved World* by Sonia Sotomayor.

Women's Journey

Our next meeting is Monday, November 25 at 6:30 p.m. at The Bookman. Bring a pair of scissors and some magazines or catalogs to upcycle as we learn to make paper beads.

Honor and Memorial Giving

A donation in memory of **Connie Farell** was received from **Leslie Newman**.

Community Care and Concern

Contact: **Cheryl Van Abbema, 616-402-3108; Mike and Charlotte Rozich, 517-918-5483 or 517-918-5464.**

Susan Meeusen underwent aortic valve replacement surgery early last week. She is doing well at home. Cards may be sent to 99 W. 27th Street, Holland, MI 49423.

Please keep **Yvonne and Ron Olmsted** in your hearts as they celebrate the memory of their extended family member, Tammra Lynn McConnell.