



Sunday, December 1, 2024

What the World Needs Now: (r)Evolution

9 a.m. **Pretalk**
10 a.m. **Gathering**
10 a.m. **C3 Kids** with
Miss Mary and volunteer
Renee Borton
11:00 a.m. **Talk Back**

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Gold Team Hosts: **Betty Porter,**
Jenny Roberts & Bob Burleigh,
Jean Regester

Gold Team Ushers:
Rod Van Abbema,
Cheri Eshenaur, Martha Perko
Welcome Table: **Ellie Williams**
Next Week: **Green Team**

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C3 Board of Trustees:
Chair: **Teresa Colbry**
Vice Chair: **Tod Wyn**
Treasurer: **Andy Cawthon**
Secretary: **Beth Buelow**
Trustees:

Tabitha Blanski
Karen Cotton
Kim Crozier
Cheri Eshenaur
Kathy Humphrey
Wayne Johnson
Rod Van Abbema

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Brad Ruggles,
Lead Teacher
brad@c3westmichigan.org

Shannon McMaster,
Executive Director
smcmaster@
c3westmichigan.org

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Next Week –
Teacher: **Ruth Zwald**
Music: **Daniel Bracken**
Meditation: **Karri Absenger**
Gathering Host: **Valerie Engeltjes**
Kids' Volunteer: **Char Kole**



c3westmichigan.org/support

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Lead Teacher: **Brad Ruggles** (he/him) joined C3 as Lead Teacher in May of this year. He is a former pastor that deconstructed and later left the faith he was raised in after 18 years in ministry. He and his wife Lisa enjoy adventuring and traveling with their two adult daughters. Brad 's interests are diverse and include backpacking, meditation, breathwork, yoga, sportkiting, and photography.

Musician: **Sammie Hershock** (she/her) almost became a cloistered Catholic nun at the age of 18. Now she travels around Michigan singing songs about not knowing the answers. She weaves her humor and playfulness into the depth of the human existence, so audience members sometimes laugh and cry simultaneously. She is an award-winning Michigan-based songwriter, classically-trained pianist, mother of three incredible children, who majored in sacred music with an emphasis on the pipe organ.

Music: **Sammie Hershock**
Gathering Host: **Tod Wyn**
Music: **Sammie Herschock**
Meditation: **Beth Buelow**
Moment of Silence
Readings/Teaching: **Brad Ruggles**

When we are no longer able to change a situation - we are challenged to change ourselves.
– Viktor E. Frankl

Intelligence is the ability to adapt to change.
– Stephen Hawking

According to Darwin's Origin of Species, it is not the most intellectual of the species that survives, nor the strongest, but the species that is able best to adapt and adjust to the changing environment in which it finds itself.
– Leon C. Megginson (summarizing *Darwin's Origin of Species*)

You may not control all the events that happen to you, but you can decide not to be reduced by them.
– Maya Angelou, *Letter to My Daughter*

Music: **Sammie Herschock**
Gathering Host: **Tod Wyn**
Music: **Sammie Herschock**



December Week 3@C3: 3rd Annual Greeting Card Blizzard

This marks the third year for our Greeting Card Blizzard for residents of Riverside Nursing & Rehab, Medilodge at the Shore, North Ottawa Care Center and Christian Haven Home. Starting December 1, find cards bundled into 30 sets of 10 cards each at the Week 3@C3 table. Take a bundle or two, address envelopes and sign the cards: suggested text "To a Friend" on envelopes and "From a Friend" on cards. Include C3-Spiritual Community and any personal note you may wish to add. No other address or stamps are necessary. Return completed cards to the Week 3@ C3 table by December 15. Greetings will be delivered to each site for the appropriate staff person to deliver to residents. The goal is 300 cards. See Char Zoet if you want to suggest an additional care facility as a recipient.

Outgoing Board Members Honored

Three outgoing members of the Board of Trustees were honored with carved wooden bowls at the end of last week's Gathering: Beth Buelow, Cheri Eshenaur, and Rod Van Abbema. Thank you for serving!

Membership Committee Needs You!

The Membership committee needs one or two new volunteer members. Please contact Jeff Crandle for further information at 616-638-5266 (text preferred) or crandlejeff@gmail.com. It is a fun group to be part of, so please consider joining!

Bell Ringers Needed

It's time to ring the bell for the 2024 Salvation Army Red Kettle campaign, which supports all the programs of the local Salvation Army. We will be at Leppink's (Ferrysburg) from **10 a.m. to 7p.m. on Wednesday and Thursday, December 11 and 12**, for one-hour shifts. It works best to have only one or two at the kettle for each shift. Playing an instrument or music during your shift is a plus! Sign up after Gathering today or next Sunday with Betty Porter, at the Outreach table, or email Betty at porter.betty@gmail.com.

News from the Board of Trustees

At their November 20 meeting, the Board authorized Andy Cawthon, Treasurer, to put the recently received bequest into four short-term CDs at the best rate available and sequester the money until it's needed, most likely for upcoming relocation/real estate needs. In addition, the community will receive verbal quarterly updates from the Treasurer on C3's overall financial position. The community will be updated as new information becomes available. We appreciate your input; please contact Shannon McMaster if you have ideas or leads for potential long-term gathering locations in the Tri-Cities area.

No Sunday Dinner Group

There is no Sunday Dinner Group planned for this evening, due to the busyness of the holiday weekend.

C3 Men's Club

This men's conversation group meets each Tuesday from 7 to 8:30 p.m. in the Choir Room at St. John's Episcopal Church. Call Phil Koster, 616-402-1751 with questions.

Vigil for Peace and Justice

Although the Vigil is on hiatus until April, why not use that hour between noon and 1 p.m. on Saturday for an endeavor that promotes peace and justice—something as basic as meditation, reading about social justice, or writing to a government official about an issue of concern.

Women's Journey will meet next on Monday, December 16.

C3 Book Club and Friends

On December 17, at 6 p.m. Book Club will be held at the C3 office complex at 1447 Washington (next to Norm's Ice Cream). For our holiday party we're asking everyone to bring a wrapped used book, a nibble to share, and your own drink. If appropriate, please label your nibble as dairy or fish free. The book for January 21 is *The Bluest Eye* by Toni Morrison.

Community Care and Concern

Contact: **Cheryl Van Abbema, 616-402-3108; Mike and Charlotte Rozich, 517-918-5483 or 517-918-5464.**

Next Sunday, December 8, 1 to 4 p.m., there will be a memorial event for **Connie Farrell** here at Central Park Place (after our Gathering and Talk Back). A long-time neighbor Jerry Scott and close friends of Connie (including C3) want to honor her memory as a valued member of the Grand Haven community and are organizing a Chili Bar the Sunday after the Jingle Bell Parade, as these were two of Connie's favorite things each winter! Please sign up at the Membership Table to provide a count to facilitate set up, and write a couple words about Connie on one of the fabric strips.