



Sunday, March 23, 2025

Wild and Precious Life: Celebrating the Wisdom of the Feminine

Can the Feminine Save Us?

9 a.m. **Pretalk**
10 a.m. **Gathering**
10 a.m. **C3 Kids** with
Miss Mary and volunteer
Charity McMaster
11:00 a.m. **Talk Back**

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Green Team Hosts: **Karen Cotton, Joyce & Andy Cawthon, Tom Tosa, Marian Mulette, Sandy Kate & Chuck Stevens**
Green Team Ushers:
Wayne Johnson, Kathy Tosa
Welcome Table: **Kathy Smith**
Next Week: **Red Team**

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C3 Board of Trustees:
Chair: **Teresa Colbry**
Vice Chair: **TBD**
Treasurer: **Andy Cawthon**
Secretary: **Tod Wyn**
Trustees:
Tabitha Blanski
Karen Cotton
Kim Crozier
Bill Haug
Kathy Humphrey
Wayne Johnson

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Brad Ruggles,
Lead Teacher
brad@c3westmichigan.org

Shannon McMaster,
Executive Director
smcmaster@
c3westmichigan.org

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Next Week –
Teacher: **Brad Ruggles**
Music: **Rabbit Fur**
Gathering Host: **Kathy Tosa**
Meditation: **Bob Kleinheksel**
Kids' Volunteer: **Ryan Cotton**



c3westmichigan.org/support

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Guest Teacher: **Tabitha Blanski** (she/her) is a lover of stories and wears many stories of her own – filmmaker, photographer, mother, member of the C3 Community. Her first documentary film, *The Birth of a Mother*, follows three new mothers as they are initiated into parenthood and discover that, in addition to keeping a new human alive, part of them will have to die. The film is currently in post-production. Her short film, *Reincarnate*, is premiering at the Capital City Film Festival on April 5 at 3:30 p.m.

Musician: **Jen Sygit** (she/her) is a Lansing-based award-winning songwriter who wields a rare and powerful talent, equally comfortable performing ethereal folk tunes, crooning sultry swing numbers, or soulfully belting gritty alt-county ballads. An accomplished multi-instrumentalist who isn't afraid to test boundaries and cross genres, Jen's eclectic musical style draws the listener in and holds them captivated. Her lyrics reveal an oft-overlooked beauty to life's mundane struggles.

Music: Jen Sygit
Gathering Host: Mark Smith
Music: Jen Sygit
Meditation: Andy Cawthon
Moment of Silence
Readings/Teaching: Tabitha Blanski

"I don't see what sort of help woman was created to provide man with, if one excludes the purpose of procreation. If woman was not given to man for help in bearing children, for what help could she be? To till the earth together? If help were needed for that, man would have been a better help for man. The same goes for comfort in solitude. How much more pleasure is it for life and conversation when two friends live together than when a man and a woman cohabit?"

– St. Augustine, *De Genesi ad litteram (The Literal Meaning of Genesis)*

"Twenty-first-century biology is fundamentally different from twentieth-century biology. It is a biology of relationships rather than entities. The biology of anatomic individualism that had been the basis of genetics, anatomy, physiology, evolution, developmental biology, and immunology has been shown to be, at best, a weak first approximation of nature."

– Scott Gilbert, "Rethinking Parts and Wholes"

"A broken family is a family in which any member must break herself into pieces to fit in. A whole family is one in which each member can bring her full self to the table knowing that she will always be both held and free."

– Glennon Doyle, *Untamed*

Music: Jen Sygit
Gathering Host: Mark Smith
Music: Jen Sygit



News from the Board of Trustees

The Board of Trustees meets the fourth Wednesday of the month at 6:30 p.m. at the C3 Office location. These meetings are open to C3 members. The next meeting will be on March 26.

Announcements at the Gathering

If there is something you would like to have announced at the end of the Gathering, please talk with the Gathering Host **before the Gathering begins** and let them know. They may make the announcement themselves or ask you to come forward to do so.

Adopt-A-Highway: Saturday, April 12, 10 a.m. – noon

We need plenty of volunteers for our spring cleanup! Sign up anytime via email (awassmann@wassmannndesign.com—please include your name and phone number) or at the Outreach table. Rain date (if needed): Sunday, April 13, after Talk Back.

Open Invitation to C3 Outreach Meeting

Wonderful C3 people: You are invited to join us to learn more about exciting ways to put C3 Values into action in the Tri-Cities area. Thank you to those who have already expressed an interest in Outreach. We want to hear your questions, seek new ideas, expand the Outreach team, and invite first-time event volunteers to participate. To get things rolling and organized, please come to the C3 office at the Third Coast building, 1447 Washington Avenue, Grand Haven (just west of Norm's Ice Cream) on Tuesday, March 25, 6:30 p.m. See Rod Van Abbema and Chrys Moelter-Gray at the Outreach table today after the Gathering for more information.

C3 Kids Helpers Sought

One more adult volunteer is needed for the C3 Kids program. This will get us to a three-month rotation. More people means even more time between turns! And you don't have to be a parent. We are happy to have community members help out. Miss Mary does the teaching and helpers play games, color, and do crafts. Think of it as your play time. :)

Mindful Living Group Cancelled Due to Illness

Kerry FitzGerald had to cancel the first session of Mindful Living this past Wednesday due to illness, but in her email to the group, she included a number of resources for participants to use. We wish her a full and speedy recovery, and affirm her decision to take care of herself. Next scheduled session is April 16.

Sunday Supper Group

Sunday Night Supper will be at Porto Bello in Grand Haven, 5:30 p.m. today. Please sign up at the Welcome table before you leave. Cheryl Van Abbema will be making the reservation.

Women's Journey

This month we celebrate women (as we do every month)! At our Women's Journey meeting on March 24, 6:30 p.m. at The Bookman, Kerry Fitzgerald leads the program (if she's feeling well), and we will discuss our upcoming schedule.

C3 Book Club and Friends

We meet next on April 15, 6 p.m. at The Bookman to discuss *At Home* by Bill Bryson.

C3 Men's Group

The C3 Men meet from 7 to 8:30 p.m. on Tuesday in the Choir Room at St. John's Episcopal Church. Call Phil Koster, 616-402-1751, with questions.

Community Care and Concern

Contact: **Cheryl Van Abbema, 616-402-3108**

Jean King was expected to be admitted to Medi-Lodge in Holland a few days ago, after spending almost a week at Holland Hospital, dealing with vertigo. Notes and cards of support for Jean and Pam can be sent to 11682 152nd Street, West Olive, MI 49460.

Carolyn Taylor had a preventative double mastectomy with immediate reconstruction on Thursday, March 13. She is at home to rest and recuperate. Cards of care and support can be sent to 15177 Ferris Street, Grand Haven, MI 49417.